

EGGS & SANDWICHES

CLASSIC BREAKFAST	10
3 Farmhouse Eggs any style, choice of Breakfast Sausage, Bacon or Peameal. Served with Hash Browns and Fresh Fruit.	
BAT BREAKFAST SANDWICH	6
Bacon, Avocado, Tomato, Caesar Dressing on toasted Multigrain	
AVOCADO BREAKFAST SANDWICH	6
Fried Egg, Swiss Cheese, Avocado on toasted Multigrain	
ST. LAWRENCE	8
Peameal, Fried Egg, Cheddar on Brioche Roll	

BUILD AN OMELET

START WITH 3 FARM EGGS

CHOOSE 2:

Peppers, Onions, Mushrooms, Tomatoes, Cheddar Cheese, Goat Cheese,
Feta Cheese, Swiss Cheese

CHOOSE 1:

Ham, Bacon, Sausage or Capocollo

12

BREAKFAST BOWLS

CLASSIC

Steel Cut Oats, Quinoa, Milk, Brown Sugar, and Fresh Berries

7

SANTA MONICA

Steel Cut Oats, Quinoa, Almonds, Banana, Goji Berries, and Raisin Puree

10

MAUI

Steel Cut Oats, Quinoa, Tropical Fruit, Coconut, Macadamia

10

SUGAR SHACK

Steel Cut Oats, Quinoa, Roasted Apples, Maple Syrup, Cinnamon, Pecans

9

YOGURT PARFAIT

Local Greek Yogurt, Wildflower Honey, Coconut Granola and Seasonal Fruit

8

ADD-ONS

Farmhouse Egg	2	Toast	3
Bacon, Sausage or Peameal	4	Avocado	3
Fresh Berries	5	Cottage Cheese & Local Honey	5
Fresh Fruit Cup	5	Protein Powder to any Bowl	3