

SALADS

Add A Protein To Your Salad: Tofu Steak 8 | Chicken Breast 9 | Shrimp 11 | Salmon 11

CAESAR SALAD

14/18

Baby Romaine, Grana Padano, Double-Smoked Bacon, Roasted Garlic Emulsion, Garlic Croutons

V/GF GREEN SALAD

10/13

Crisp Mixed Greens, Shaved Carrots, Cherry Tomato, Bell Peppers and Cucumbers, Champagne Vinaigrette

GF COBB SALAD

17/22

Grilled Free-Range Chicken, Baby Romaine, Smoked Bacon, Avocado, Cherry Tomato, Red Onion, Cucumber, Quebec Blue Cheese, Hard-Boiled Egg, Ranch Dressing

APPETIZERS

V/GF WARM ITALIAN OLIVES 10

Citrus, Garlic, Fennel

V/GF KETTLE CHIPS 8

Prepared in House, Sea Salt, Caramelized Onion Dip

DAILY SOUP CUP/BOWL 10/12

Please Ask Your Server for Details

V CRISPY RCYC FRIES 9

French Fries, Sea Salt, Ketchup

SMOKED BEEF POUTINE 18

Thornloe Cheese Curds, RCYC Signature French Fries, Traditional Beef Gravy

V SWEET POTATO FRIES 11

Curried Mayonnaise Dipping Sauce

V QUESADILLA 18

Mixed Cheese and Black Bean Quesadilla, Sour Cream, Pico de Gallo

GF CRISPY PORK RIBLETS 18

Whiskey glazed Ontario Pork Ribs, Coleslaw. Choice of Smokey BBQ Sauce or Dry Cajun Dust

CRISPY CHICKEN WINGS 20

Dusted Free-Range Chicken, Crudités, Ranch. Choice of Island BBQ, Franks Buffalo, Honey Garlic, Korean BBQ or Dry Cajun Rub

SANDWICHES & BURGERS

Choice of Side: French Fries, Green Salad, Caesar Salad, Brown Rice, or Steamed Broccoli.

Sweet Potato Fries, Creamy Potato Salad - 2 Extra

RCYC CLUB

21

Grilled Free-Range Chicken Breast, Tomato, Alfalfa Sprouts, Spicy Havarti Cheese, Capicola, Spinach Dip on Grilled Sourdough

RCYC BURGER

23

7oz Canadian Prime Ground Beef, Forty Creek BBQ Sauce, Herb Aioli, Sliced Onion, Tomato, Lettuce, Pickles

• *Vegetarian Burger Available Upon Request* •

BUFFALO CHICKEN BURGER

21

Buttermilk Marinated Chicken Thigh, Spicy Buffalo Sauce, Crispy Smoked Bacon, Vine Tomato, Lettuce, Guacamole

SMOKED BRISKET SANDWICH

24

Hickory Smoked Beef, Bourbon BBQ Sauce, House Pickles, Spicy Texas Slaw, Pretzel Hoagie

PIZZA

Gluten Free Pizza - 3 Extra

V MARGHERITA PIZZA	19
<i>Plum Tomato, Buffalo Mozzarella, Basil</i>	
PEPPERONI PIZZA	22
<i>Sliced Mild Flavored Pepperoni, Plum Tomato Sauce, Freshly Grated Mozzarella</i>	
THE GREAT CANADIAN PIZZA	23
<i>Pepperoni, Forest Mushrooms, Applewood Smoked Bacon, Plum Tomato Sauce, Freshly Grated Mozzarella</i>	

MAINS

GF RCYC BOWL	21
<i>Grilled Free-Range Chicken, Smoked Bacon, Cherry Tomato, Avocado, Alfalfa Sprouts, Spinach Aioli Served with a choice of Brown Rice or Chopped Greens</i>	
OCEAN WISE FISH & CHIPS	24
<i>Crispy Cod Loin, Cajun Slaw, Caperberry Tartar Sauce, Crispy French Fries</i>	
V/GF VEGAN BOWL	22
<i>Brown Rice, Baby Greens, Grilled Tofu, Falafel, Edamame, Pickled Radish, Fried Chickpea, Sweet Potato, Mint & Cilantro Chutney</i>	
GF TUNA POKE	28
<i>Yellow Fin Tuna, Golden Thai Rice, Avocado, Wakame, Sesame, Scallion, Ginger, Yuzu Kosho, Sesame Aioli</i>	
V MUSHROOM RAVIOLI	26
<i>Forest Mushroom Ravioli, Sundried Tomato Pesto, House Made Herbed Ricotta Cheese</i>	
GF BUTTER CHICKEN	26
<i>Indian Style Ontario Chicken, Rich Creamy Tomato Sauce, Jasmine Rice, Julienned Kachumber Salad</i>	
GF ATLANTIC SALMON	32
<i>Grilled Atlantic Salmon Fillet, Niagara Peach Salsa, Hand Picked Baby Salad, RCYC Garden Lavender & Honey Vinaigrette</i>	
GF 8 OZ CANADIAN BEEF FLAT IRON STEAK	34
<i>Sous Vide Marinated Beef, Crispy French Fries, Spiced Peppercorn Butter</i>	
GF NEW YORK STRIPLOIN STEAK	48
<i>Crispy French Fries, Forest Mushrooms, Cipollini Onions, Spiced Peppercorn Butter</i>	
<i>• 10 oz Canadian Prime Beef Striploin or 6 oz A.A.A Beef Tenderloin •</i>	

Please inform your server of allergies, aversions, or dietary needs before ordering. Gluten-free bread, pizza and pasta are available upon request. Although certain food items do not contain gluten, they are not prepared in a gluten-free environment.

GF Gluten-Free | V Vegetarian