

• AVAILABLE 11:00 AM - 3:00 PM •

V MAC & CHEESE 12

Parmesan Cream Sauce, Panko Crust, Spring Onion

BACON GRILLED CHEESE 13

Sliced Texas Toast, Aged Cheddar Cheese, Crispy Bacon

7" BEEF HOT DOG 9

Traditional All Beef Hot Dog

ALBERTA BEEF CHILI 10

Slow Cooked Beef, Beans, Mixed Vegetables, Tortilla Chips

VKETTLE CHIPS 8

Prepared in House, Sea Salt, Caramelized Onion and Chive Dip

SIMPLE SANDWICHES 9

Ham & Swiss, Free-Range Egg Salad, Albacore Tuna Salad

SHARABLES

| V Mushroom Arancini Hand-Rolled Arborio Rice Balls, Mushrooms, Mozzarella Cheese, Small Batch Marinara Sauce, Shaved Grana Padano | 18 |
|---|----|
| SALT & PEPPER CALAMARI Golden-Fried Calamari, Zesty Lemon Aioli | 16 |
| V/GF WARM ITALIAN OLIVES Citrus, Garlic, Fennel | 10 |
| V SPINACH & ARTICHOKE DIP Creamy Cajun Spiced Dip, Balderson's Cheddar Cheese, Freshly Baked Pita Chips | 16 |
| V Guacamole Bowl Red Onion, Tomato, Lime, Pickled Chilli Peppers, Fried Tortilla | 14 |

Please inform your server of allergies, aversions, or dietary needs before ordering. Gluten-free bread, pizza and pasta are available upon request. Although certain food items do not contain gluten, they are not prepared in a gluten-free environment.

| Salads & Appetizers | | Sandwiches & Burgers | |
|---|-------------------------|--|----|
| Add A Protein To Your Salad: Tofu Steak 8 Chicken Breast 9 Shrimp 11 Salmon 11 CAESAR SALAD | | All Sandwiches Come With a Choice of Side F Fries, Green Salad, Caesar Salad, Brown Ri Steamed Broccoli, Sweet Potato Fries - 2 Ex | |
| Baby Romaine, Grana Padano, Double-Smoked Bacon, Roasted Garlic Emulsion, Focaccia Croutons | | V PORTOBELLO BURGER Aged Balsamic Marinated Mushroom Cap, Tomato | 22 |
| V/GF GREEN SALAD Crisp Mixed Greens, Shaved Carrots, Cherry Tomato, Bell Peppers and Cucumbers, Champagne Vinaigrette | 10/13 | Compote, House Smoked Goat Cheese, Arugula TUNA BURGER | 28 |
| GF COBB SALAD Grilled Free-Range Chicken, Romaine Lettuce, Smoked Bacon, Avocado, Cherry Tomato, Red Onion, Cucumber Quebec Blue Cheese, Hard-Boiled Egg, Ranch Dressing | 16/21 | Ocean Wise Grilled Tuna Steak, Tequila Lime Mayo, Cilantro, Asian Slaw, Pickled Red Onion, Tomato, Brioche Bun | 20 |
| DAILY SOUP CUP/BOWL Please Ask Your Server for Details | 10/12 | RCYC CLUB Grilled Free-Range Chicken Breast, Tomato, Alfalfa Sprouts Spira Hayarti Chaese Capicala Spinach Din | 20 |
| V CRISPY RCYC FRIES French Fries, Sea Salt, Ketchup | 9 | Sprouts, Spicy Havarti Cheese, Capicola, Spinach Dip on Grilled Sourdough | |
| V SWEET POTATO FRIES Curried Mayonnaise Dipping Sauce | 11 | PULLED PORK SANDWICH Smoked Pork, Banana Peppers, Coleslaw, Chipotle Mayo, Aged Cheddar, Brioche Bun | 20 |
| RAVINE WINERY MUSSELS Chardonnay Splashed Mussels, Marinara Sauce, Shallots, Garlic Butter, Garden Herbs, Grilled Sourdough | 18 | CITY BURGER 70z Canadian Prime Ground Beef, Forty Creek BBQ Sauce, Herb Aioli, Sliced Onion, Tomato, Lettuce, | 23 |
| CRISPY CHICKEN WINGS Dusted Free-Range Chicken, Crudités, Ranch Dipping Sauce Choice of Island BBQ, Franks Buffalo, Honey Garlic or Korean BBQ | 20 | Pickles • Vegetarian Burger Available Upon Request | • |
| | PI | ZZA | |
| THE GREAT CANADIAN PIZZA Pepperoni, Forest Mushrooms, Applewood Smoked Baco | on, Plum T | Γomato Sauce, Freshly Grated Mozzarella | 23 |
| V MARGHERITA PIZZA Plum Tomato, Buffalo Mozzarella, Basil | | | 18 |
| PEPPERONI PIZZA Sliced Mild Flavored Pepperoni, Plum Tomato Sauce, Fr | reshly Gra | ated Mozzarella | 22 |
| SAUSAGE & RAPINI PIZZA Mild Italian Pork Sausage, Chili Spiced Rapini, Pickled | l Chili Pe _l | opers, Smoked Mozzarella Cheese | 25 |
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MAINS

| | OCEAN WISE FISH AND CHIPS Crispy Cod Loin, Cajun Slaw, Caperberry Tartar Sauce, Crispy French Fries | 24 |
|----|---|----|
| GF | RCYC BOWL Grilled Free-Range Chicken Breast, Smoked Bacon, Cherry Tomato, Avocado, Alfalfa Sprouts, Spinach Aioli • Served with a choice of Brown Rice or Chopped Greens | 20 |
| GF | Vegan Eggplant Parmesan | 26 |
| | Gluten-Free Panko, Eggplant, Small Batch Tomato Sauce, Vegan Cheese, Basil, Petite Green Salad | |
| | HOME-MADE CONCHIGLIETTE PASTA Fresh Home-Made Pasta, Nut and Herb Pesto, Guanciale, Vine Tomato, Parmesan, Panko Crumbs | 29 |
| V | LEMON GNOCCHI Potato Gnocchi, Arugula Pesto, Sun-Dried Tomato, Pecorino Cheese, Basil | 26 |
| GF | ATLANTIC SALMON Grilled Salmon Fillet, Cauliflower Puree, Broccolini, Grilled Radicchio, Rosemary Scented Oil | 32 |
| GF | Sous Vide Chicken Supreme Free Range Chicken Supreme, Braised Niagara Carrots, Herb Crusted Potato Medley, Blackberry Jus | 29 |
| GF | BEEF BULGOGI BOWL Marinated Shaved Beef, Sweet Soy, Sesame, Jasmine Rice, Hard Boiled Quail Eggs, Spring Onions, Pickled Mushroom, Cornichons, Chili Pepper | 28 |
| GF | 8 OZ CANADIAN BEEF FLAT IRON STEAK Crispy French Fries, Spiced Peppercorn Butter | 34 |
| GF | New York Striploin Steak Duck Fat Fried Potatoes, Foraged Mushrooms, Cipollini Onions, Spiced Peppercorn Butter • 10 oz Canadian Prime Beef Striploin or 6 oz AAA Beef Tenderloin | 48 |
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Please Ask Your Server for Today's Dessert Special

OMA'S APPLE PIE

A Slice Of Freshly Prepared Warm Apple Pie, Vanilla Ice Cream, Caramel Crème Anglaise

BAILEY'S CRÈME BRULEE

Bailey's Flavored Crème Brule, Orange & Pistachio Biscotti, Fresh Berries

FRESH DOUGHNUTS

Brown Sugar & Cinnamon Spiced Doughnuts, Caramel & Dark Chocolate Dipping Sauce

RASPBERRY TART

Passion Fruit Curd, Torched Meringue, Berry Coulis, Candied Orange

GF FLOURLESS CHOCOLATE CAKE

Boozy Cherry Compote, Espresso Ice Cream

11

GF IN HOUSE MADE GELATO

Please Ask Your Server for Today's Flavours